



Aboriginal & Torres Strait Islander
Community Health Service Mackay Ltd

ADDRESS

10 Carlyle Street
Mackay QLD 4740
Phone: (07) 4957 8091

OPENING HOURS

Monday: 8:30am—5:00pm
Tuesday: 8:30am—5:00pm
Wednesday: 8:30am—5:00pm
Thursday: 8:30am—5:00pm
Friday: 8:30am—5:00pm
Saturday: CLOSED
Sunday: CLOSED

AFTER HOURS

Refer to the emergency department at
Mackay Base Hospital
(Bridge Road, Mackay)
Ph: (07) 4885 6000

SEWBU

(Social Emotional Well Being Unit)

Health does not only signify the physical well being but includes social, emotional, spiritual and cultural well being of yourself, your family and the whole community in which we reside. This is what we perceive and acknowledge as Indigenous people.

As an Aboriginal and Torres Strait Islander Community Health Service we strive to promote, provide and accomplish healthy services to our community.



The SEWBU was established to provide intensive support through early intervention services to ensure the wellbeing of children and families.

Our focus is to strengthen families to raise healthy and resilient infants, children and young people through the delivery of culturally appropriate programs, support groups and training.

ACTIVITIES

- Referral Pathways
- Health Promotions
- Lifestyle Skills
- Training
- Stolen Generation Issues
- School Programs
- Counselling
- Grief Counselling
- Adult Counselling/
- Support
- Adolescence
- Counselling/Support
- Child Counselling/
- Support
- Lesbian/Gay (LGBTI)
- Referral Pathways

CAN BE ARRANGED IN GROUPS OR INDIVIDUALLY